



Parish of central exeter



A service of quiet reflection

If you wish, light a candle at the start of this service. There are also several pieces of music on You Tube which you can access by right clicking on the link followed by open hyperlink on the box that gets displayed.

Opening Sentence

Eternal God,
in the cross of Jesus
we see the cost of our sin
and the depth of your love:
in humble hope and fear
may we place at his feet
all that we have and all that we are,
through Jesus Christ our Lord.
Amen.

Silence is kept.

You might like to right click on the link below then click open hyperlink for a piece of music by Nigel Walsh – A lament

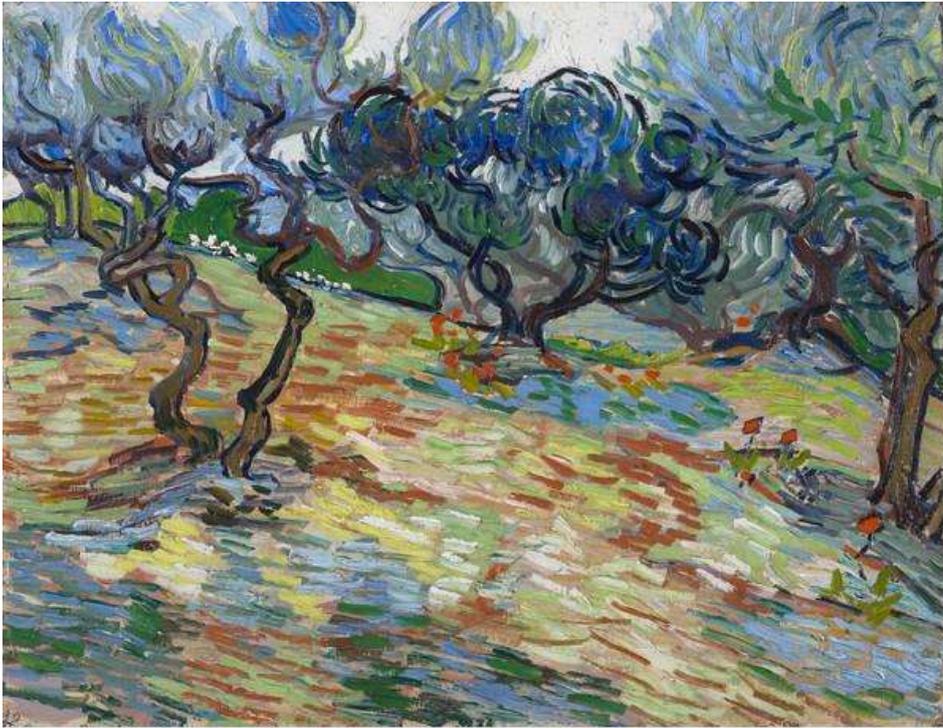
<https://youtu.be/Cm90o-DedSg>

Reading and reflection

There now follows the complete passion narrative from John's Gospel, which is the heart of this Good Friday service. It is long, and is best punctuated by periods of silence, quiet music, or a prayer. The link to Nigel's Lament gets repeated at these points plus one for J S Bach's 'O Sacred Head sore wounded'.

Betrayal and Arrest of Jesus

18 When Jesus had spoken these words, he went out with his disciples across the brook Kidron, where there was a garden, which he and his disciples entered. ² Now Judas, who betrayed him, also knew the place, for Jesus often met there with his disciples. ³ So Judas, having procured a band of soldiers and some officers from the chief priests and the Pharisees, went there with lanterns and torches and weapons. ⁴ Then Jesus, knowing all that would happen to him, came forward and said to them, "Whom do you seek?" ⁵ They answered him, "Jesus of Nazareth." Jesus said to them, "I am he." Judas, who betrayed him, was standing with them. ⁶ When Jesus said to them, "I am he," they drew back and fell to the ground. ⁷ So he asked them again, "Whom do you seek?" And they said, "Jesus of Nazareth." ⁸ Jesus answered, "I told you that I am he. So, if you seek me, let these men go." ⁹ This was to fulfill the word that he had spoken: "Of those whom you gave me I have lost not one." ¹⁰ Then Simon Peter, having a sword, drew it and struck the high priest's servant and cut off his right ear. (The servant's name was Malchus.) ¹¹ So Jesus said to Peter, "Put your sword into its sheath; shall I not drink the cup that the Father has given me?"



Olive Trees, 1889, Vincent van Gogh

Creative Commons - CC by NC

NATIONAL GALLERIES SCOTLAND

Olive Trees (Garden of Gethsemene) Vincent van Gogh Thanks to Betsy for sending it.

Jesus Faces Annas and Caiaphas

¹² So the band of soldiers and their captain and the officers of the Jews arrested Jesus and bound him. ¹³ First they led him to Annas, for he was the father-in-law of Caiaphas, who was high priest that year. ¹⁴ It was Caiaphas who had advised the Jews that it would be expedient that one man should die for the people.

Peter Denies Jesus

¹⁵ Simon Peter followed Jesus, and so did another disciple. Since that disciple was known to the high priest, he entered with Jesus into the courtyard of the high priest, ¹⁶ but Peter stood outside at the door. So the other disciple, who was known to the high priest, went out and spoke to the servant girl who kept watch at the door, and brought Peter in. ¹⁷ The servant girl at the door said to Peter, "You also are not one of this man's disciples, are you?" He said, "I am not." ¹⁸ Now the servants and officers had made a charcoal fire, because it was

cold, and they were standing and warming themselves. Peter also was with them, standing and warming himself.

The High Priest Questions Jesus

¹⁹The high priest then questioned Jesus about his disciples and his teaching. ²⁰Jesus answered him, "I have spoken openly to the world. I have always taught in synagogues and in the temple, where all Jews come together. I have said nothing in secret. ²¹Why do you ask me? Ask those who have heard me what I said to them; they know what I said." ²²When he had said these things, one of the officers standing by struck Jesus with his hand, saying, "Is that how you answer the high priest?" ²³Jesus answered him, "If what I said is wrong, bear witness about the wrong; but if what I said is right, why do you strike me?" ²⁴Annas then sent him bound to Caiaphas the high priest.

Peter Denies Jesus Again

²⁵Now Simon Peter was standing and warming himself. So they said to him, "You also are not one of his disciples, are you?" He denied it and said, "I am not." ²⁶One of the servants of the high priest, a relative of the man whose ear Peter had cut off, asked, "Did I not see you in the garden with him?" ²⁷Peter again denied it, and at once a rooster crowed.

<https://youtu.be/Cm90o-DedSg>

Lord God

You bring order out of our chaos

Saving us by love:

The love shown by the cross,

The love which is with us now,

The love which carries us

Through death to resurrection.

Jesus Before Pilate

²⁸ Then they led Jesus from the house of Caiaphas to the governor's headquarters. It was early morning. They themselves did not enter the governor's headquarters, so that they would not be defiled, but could eat the Passover. ²⁹ So Pilate went outside to them and said, "What accusation do you bring against this man?" ³⁰ They answered him, "If this man were not doing evil, we would not have delivered him over to you." ³¹ Pilate said to them, "Take him yourselves and judge him by your own law." The Jews said to him, "It is not lawful for us to put anyone to death." ³² This was to fulfill the word that Jesus had spoken to show by what kind of death he was going to die.

My Kingdom Is Not of This World

³³ So Pilate entered his headquarters again and called Jesus and said to him, "Are you the King of the Jews?" ³⁴ Jesus answered, "Do you say this of your own accord, or did others say it to you about me?" ³⁵ Pilate answered, "Am I a Jew? Your own nation and the chief priests have delivered you over to me. What have you done?" ³⁶ Jesus answered, "My kingdom is not of this world. If my kingdom were of this world, my servants would have been fighting, that I might not be delivered over to the Jews. But my kingdom is not from the world." ³⁷ Then Pilate said to him, "So you are a king?" Jesus answered, "You say that I am a king. For this purpose I was born and for this purpose I have come into the world—to bear witness to the truth. Everyone who is of the truth listens to my voice." ³⁸ Pilate said to him, "What is truth?"

After he had said this, he went back outside to the Jews and told them, "I find no guilt in him. ³⁹ But you have a custom that I should release one man for you at the Passover. So do you want me to release to you the King of the Jews?" ⁴⁰ They cried out again, "Not this man, but Barabbas!" Now Barabbas was a robber.

Jesus Delivered to Be Crucified

¹⁹ Then Pilate took Jesus and flogged him. ² And the soldiers twisted together a crown of thorns and put it on his head and arrayed him in a purple robe. ³ They came up to him, saying, "Hail, King of the Jews!" and struck him with their hands. ⁴ Pilate went out again and said to them, "See, I am bringing

him out to you that you may know that I find no guilt in him.”⁵ So Jesus came out, wearing the crown of thorns and the purple robe. Pilate said to them, “Behold the man!”⁶ When the chief priests and the officers saw him, they cried out, “Crucify him, crucify him!” Pilate said to them, “Take him yourselves and crucify him, for I find no guilt in him.”⁷ The Jews answered him, “We have a law, and according to that law he ought to die because he has made himself the Son of God.”⁸ When Pilate heard this statement, he was even more afraid.⁹ He entered his headquarters again and said to Jesus, “Where are you from?” But Jesus gave him no answer.¹⁰ So Pilate said to him, “You will not speak to me? Do you not know that I have authority to release you and authority to crucify you?”¹¹ Jesus answered him, “You would have no authority over me at all unless it had been given you from above. Therefore he who delivered me over to you has the greater sin.”

¹² From then on Pilate sought to release him, but the Jews cried out, “If you release this man, you are not Caesar's friend. Everyone who makes himself a king opposes Caesar.”¹³ So when Pilate heard these words, he brought Jesus out and sat down on the judgment seat at a place called The Stone Pavement, and in Aramaic Gabbatha.¹⁴ Now it was the day of Preparation of the Passover. It was about the sixth hour. He said to the Jews, “Behold your King!”¹⁵ They cried out, “Away with him, away with him, crucify him!” Pilate said to them, “Shall I crucify your King?” The chief priests answered, “We have no king but Caesar.”¹⁶ So he delivered him over to them to be crucified.

This link is to the choir of King's College Cambridge singing 'O sacred Head sore wounded.'

<https://youtu.be/pfYzM4INw1g>

If you have a cross or a cross on paper, then during the next part of the reading (the Crucifixion) either hold or touch the cross, and before continuing say

*I hold (touch) this cross,
as a reminder of Earth's suffering,
and a sign of God's love:
love, stronger than death, love,
that calls us that we may also give of ourselves.*

The Crucifixion

So they took Jesus, ¹⁷ and he went out, bearing his own cross, to the place called The Place of a Skull, which in Aramaic is called Golgotha. ¹⁸ There they crucified him, and with him two others, one on either side, and Jesus between them. ¹⁹ Pilate also wrote an inscription and put it on the cross. It read, "Jesus of Nazareth, the King of the Jews." ²⁰ Many of the Jews read this inscription, for the place where Jesus was crucified was near the city, and it was written in Aramaic, in Latin, and in Greek. ²¹ So the chief priests of the Jews said to Pilate, "Do not write, 'The King of the Jews,' but rather, 'This man said, I am King of the Jews.'" ²² Pilate answered, "What I have written I have written."

²³ When the soldiers had crucified Jesus, they took his garments and divided them into four parts, one part for each soldier; also his tunic. But the tunic was seamless, woven in one piece from top to bottom, ²⁴ so they said to one another, "Let us not tear it, but cast lots for it to see whose it shall be." This was to fulfill the Scripture which says,

"They divided my garments among them,
and for my clothing they cast lots."

So the soldiers did these things, ²⁵ but standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. ²⁶ When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, "Woman, behold, your son!" ²⁷ Then he said to the disciple, "Behold, your mother!" And from that hour the disciple took her to his own home.

Jesus is nailed to the Cross by Malcolm Guite

*See, as they strip the robe from off his back
And spread his arms and nail them to a cross,
The dark nails pierce him and the sky turns black,
And love is firmly fastened onto loss.
But here a pure change happens. On this tree
Loss becomes gain, death opens into birth.
Here wounding heals and fastening makes free,
Earth breathes in heaven, heaven roots in earth.
And here we see the length, the breadth, the height,*

*Where love and hatred meet and love stays true,
Where sin meets grace and darkness turns to light,
We see what love can bear and be and do.
And here our Saviour calls us to his side,
His love is free, his arms are open wide.*

The Death of Jesus

²⁸ After this, Jesus, knowing that all was now finished, said (to fulfil the Scripture), “I thirst.” ²⁹ A jar full of sour wine stood there, so they put a sponge full of the sour wine on a hyssop branch and held it to his mouth. ³⁰ When Jesus had received the sour wine, he said, “It is finished,” and he bowed his head and gave up his spirit.

Jesus' Side Is Pierced

³¹ Since it was the day of Preparation, and so that the bodies would not remain on the cross on the Sabbath (for that Sabbath was a high day), the Jews asked Pilate that their legs might be broken and that they might be taken away. ³² So the soldiers came and broke the legs of the first, and of the other who had been crucified with him. ³³ But when they came to Jesus and saw that he was already dead, they did not break his legs. ³⁴ But one of the soldiers pierced his side with a spear, and at once there came out blood and water. ³⁵ He who saw it has borne witness—his testimony is true, and he knows that he is telling the truth—that you also may believe. ³⁶ For these things took place that the Scripture might be fulfilled: “Not one of his bones will be broken.” ³⁷ And again another Scripture says, “They will look on him whom they have pierced.”

Jesus Is Buried

³⁸ After these things Joseph of Arimathea, who was a disciple of Jesus, but secretly for fear of the Jews, asked Pilate that he might take away the body of Jesus, and Pilate gave him permission. So he came and took away his body. ³⁹ Nicodemus also, who earlier had come to Jesus by night, came bringing a mixture of myrrh and aloes, about seventy-five pounds in weight. ⁴⁰ So they took the body of Jesus and bound it in linen cloths with the spices, as is the burial custom of the Jews. ⁴¹ Now in the place where he was crucified there was a garden, and in the garden a new tomb in which no one had yet been

laid. ⁴² So because of the Jewish day of Preparation, since the tomb was close at hand, they laid Jesus there.

Right click and then open hyperlink for 'Were you there when they crucified my Lord?'

<https://www.youtube.com/watch?v=BLJ0ljLAmOA>

Alternative Collect for Good Friday

Eternal God,
in the cross of Jesus
we see the cost of our sin
and the depth of your love:
in humble hope and fear
may we place at his feet
all that we have and all that we are,
through Jesus Christ our Lord.

Prayer for Others

Let us pray to God,
who alone makes us dwell in safety:
For all who are affected by coronavirus,
through illness or isolation or anxiety,
that they may find relief and recovery:

Lord, graciously hear us.

For those who are guiding our nation at this time,
and shaping national policies,
that they may make wise decisions:

Lord, graciously hear us.

For doctors, nurses and medical researchers,
that through their skill and insights
many will be restored to health:

Lord, graciously hear us.

For the vulnerable and the fearful,
for the gravely ill and the dying,
that they may know your comfort and peace:

Lord, graciously hear us.

We commend ourselves, and all for whom we pray,
to the mercy and protection of God.

*Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.*

The Lord's Prayer

Closing Words

Most merciful God,
who by the death and resurrection of your Son Jesus Christ
delivered and saved the world:
grant that by faith in him who suffered on the cross
we may triumph in the power of his victory;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.