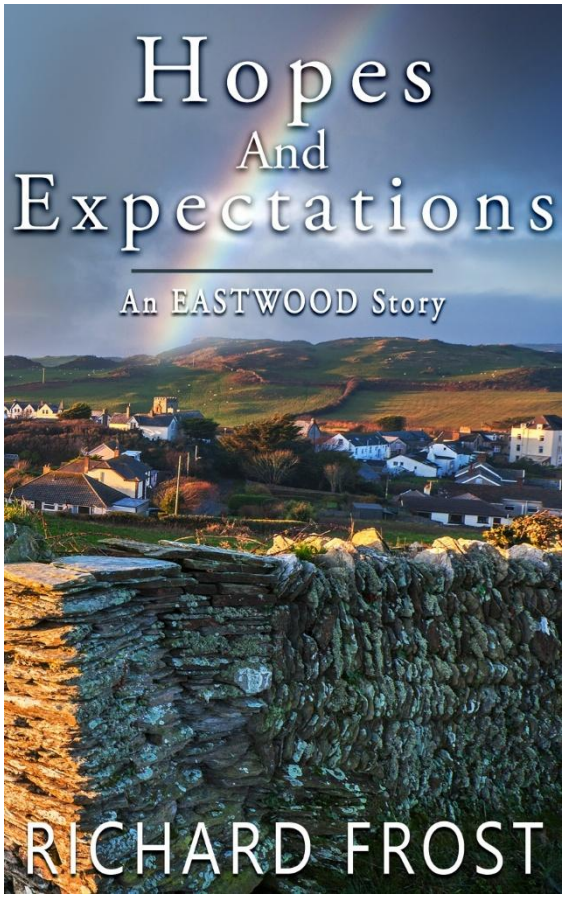
Richard Frost & Richard Skinner

HOPES AND EXPECTATIONS

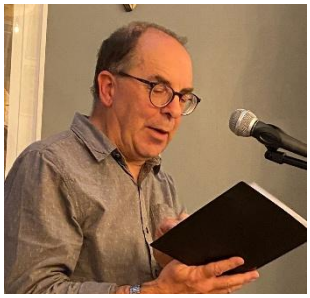


An Evening of Prose, Poetry & Stories

7.45pm Friday 21st March

Doors 7.15pm for drinks & nibbles

St Stephen's Church, High Street, Exeter



Richard Frost lives in Devon & is the author of six books.

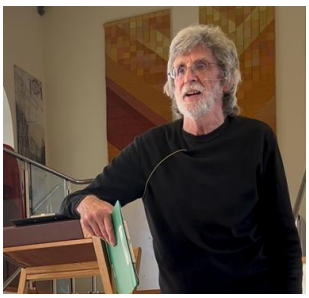
Celebrating the publication of
Hopes and Expectations
the 3rd Eastwood Story novella

'Wry observations on the quirks of human behaviour while shaping a bigger picture.'

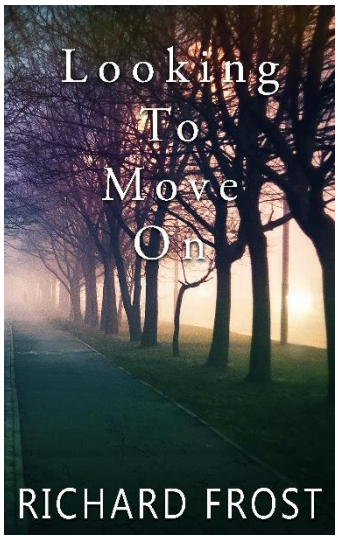
Free – Please Book a Place

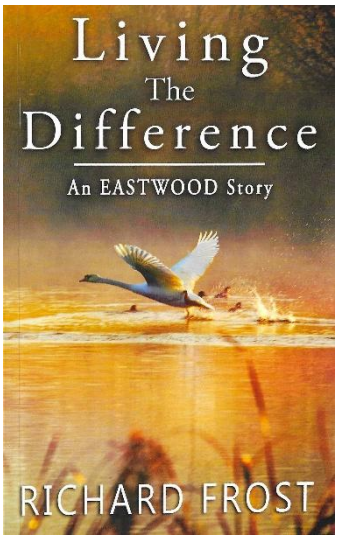
Contact: **richardnfrost@outlook.com**
or **07752 860084**

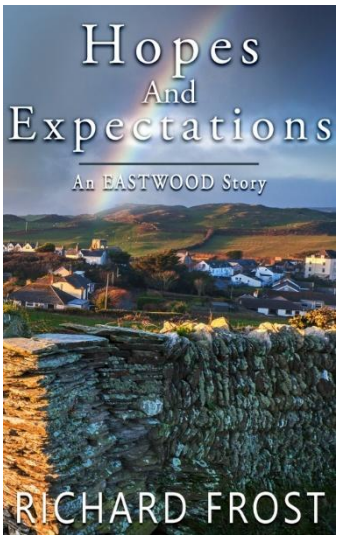
richardfrostauthor.com



Richard Skinner is an Exeter-based poet, novelist & performer.







Set in the fictional town of Eastwood Minster, the **Eastwood Story** series published by Chronos Publishing explores topics such as love and loss, grief and joy, conflict and resolution, tears and laughter.

You'll notice a similarity in the titles – *Looking to Move On*, *Living the Difference* and now *Hopes and Expectations*. These are stories of hope over adversity. Stories written partly with the reader in mind as to how best they, you, can relate their, your, own experiences. The stories, which can be read independently, bring relatable characters and touching moments that celebrate the beauty and messiness of life.

Richard Frost lives in Devon and is a former mental health professional. He is the author of six books, both fiction and non-fiction, writes a blog, and presents a podcast.

Can't make this event? Book Launch in **Totnes (22 March)** and **Online (25 March)**. Details at:

richardfrostauthor.com

Richard Skinner is a scientist by education, a writer/performer by inclination and a mental health worker (now retired) by necessity. He has published 10 collections of poetry, a novel (*Still Crazy*...), a collection of short stories (*After All*...) and a novella (*These Years: 1973*). He has collaborated with composer Nigel Walsh to write a range of songs, including the musical *Bethlehem!*

rnfskinner.com